

Good Morning!

Freshly squeezed Orange & Grapefruit juices

Tomato juice and Worcestershire sauce

-000-

Fresh Grapefruit segments

Breakfast compote with prunes, figs, apricots,
sultanas and orange, topped with yoghurt
and flaked almonds

Fresh strawberries, raspberries,
blue berries and blackberries

Porridge "au naturelle"

or

with cream and whisky!

Cereals

Cornflakes, Bran flakes

Muesli with raisins, flaked almonds,

Lavish Lakeland breakfast Ees Wyke style
with local Cumberland sausage, bacon

and black pudding served with
fried egg, tomato, mushroom
and fried bread

-000-

Poached eggs on toast

-000-

Scrambled eggs on toast with bacon

-000-

Boiled eggs with toast soldiers

-000-

Grilled Cartmel smoked Kipper

-000-

Cartmel valley Game Oak Smoked haddock
fillet, poached in milk, with a poached egg.

-000-

Toasted home baked bread, white, brown and